

Teaching the **science** of learning

Real learning strategies vocational teachers can use grounded in solid peer-reviewed research.



SPACED PRACTICE

Facilitate spreading learning activities out over time.

MON	TUE	WED	THU	FRI

INTERLEAVING

Switching between topics while learning.

INTERLEAVING								
BLOCKING								

Retrieval Practice

Bringing learned information to mind from long-term memory.



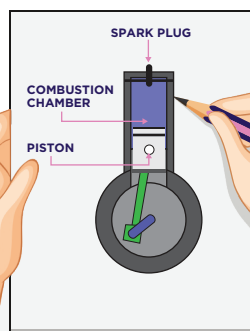
Elaboration

Asking and explaining why and how things work.



Concrete Examples

When learning abstract concepts, students and facilitators should illustrate them with specific examples.



Dual Coding

Combine words with visuals.

